

	NEUROLOGY ON ADMISSION		NEUROLOGY ON DISCHARGE			NEUROLOGY ON ADMISSION		NEUROLOGY ON DISCHARGE	
	RIGHT	LEFT	RIGHT	LEFT		RIGHT	LEFT	RIGHT	LEFT
UPPER LIMB					LOWER LIMB				
BULK TONE	(N)	(N)	(N)	(N)	BULK TONE	(N)	(N)	(N)	(N)
POWER SHOULDER:					POWER HIP :				
ABD	2/5	2/5	2/5	2/5	ABD	0/5	0/5	0/5	0/5
ADD					ADD				
FLEX					FLEX				
EXT					EXT				
ELBOW :					KNEE:				
FLEX	2/5	2/5	3/5	3/5	FLEX	0/5	0/5	0/5	0/5
EXT			2/5	1/5	EXT				
WRIST:					ANKLE:				
FLEX	0/5	0/5	0/5	0/5	DF	0/5	0/5	0/5	0/5
EXT					PF				
FINGER GRIP:	0/5	0/5	0/5	0/5	EHL	0/5	0/5	0/5	0/5
REFLEXES:					FHL				
BICEPS	-	-	-	-	REFLEXES:				
TRICPES	-	-	-	-	KNEE	-	-	-	-
SUPINATOR	-	-	-	-	ANKLE	-	-	-	-
					PLANTAR	-	-	-	-
SENSATION: AT ADMISSION	absent below C6								
AT DISCHARGE	absent below T10								
BBI: AT ADMISSION	involved								
AT DISCHARGE	involved								

# ADVICE ON DISCHARGE:

- i) SOME brace immobilization & wheel chair mobilization
- ii) Bladder bowel back care as advised
- iii) physiotherapy all joints as advised
- iv) Air / foam / water mattresses
- v) Tab Neugaba n BD x 1 month
- vi) Tab Pam 500mg SOS for pain
- vii) Tas Augmentin 625mg TDS for 7 days
- viii) chest physiotherapy
- ix) SIC (self intermittent catheterization)
- x) Rtr in clinic OPD TUS
- xi) Friday

PG ON DUTY  
Dr. Akhil  
PG

SR ON DUTY  
Dr. Shambhu

CONSULTANTS  
DR. RAMESH KUMAR (UNIT HEAD)  
DR. T. BARUAH  
DR. LALIT

## DISCHARGE SUMMARY

SPINE CARE UNIT (UNIT 1A)

CENTRAL INSTITUTE OF ORTHOPEDICS

V.M.M.C AND SAFDARIJUNG HOSPITAL, NEW DELHI 110029

OPD - TUESDAY/FRIDAY (UNIT HEAD - DR. RAMESH KUMAR)

NAME: Hadisha  
AGE/SEX: 20/F  
WARD/BED: 28/39  
MRD NO.: 77915  
FC NO.: 14853

DATE OF INJURY: 17/7/15  
MODE OF INJURY: fall from height  
DATE OF SURGERY: 09/09/15  
DATE OF ADMISSION: 18/7/15  
DATE OF DISCHARGE:

DIAGNOSIS: Traumatic tear drop fracture C5 & fracture subluxation C5-C6 & C6-C7 & fracture C6 & quadriplegia & bladder bowel involvement cont bed sore

INVESTIGATION:  
MRI cervical spine → fracture of C5 & C6 vertebra with facet joint dislocation & grade I anterolisthesis of C6 over C7 vertebra with spinal cord haemorrhage. Contusion, edema & post traumatic cyst & disrupted ALL & PLL.  
CT scan cervical spine → Tear drop fracture of C5 vertebra & fracture subluxation C5-C6 & C6-C7.

MANAGEMENT: Anterior & posterior decompression, reduction & fixation with 38 mm Anterior cervical plate (Globus, Titanium) after corpectomy of C5 & C6 with lateral mass screw fixation at C4, C5 & C7 level (Medi-tech, titanium) with 30mm Anterior ~~bone grafting~~ by 30mm tricortical iliac crest bone graft harvested from left side iliac crest & posterior ~~bone grafting~~ by placing autogenous bone graft at C5-C6 level done under GA in OT 3rd floor by Dr. Baunah, Dr. Varun, Dr. Sahni & Dr. Anurag on 09/09/15

- INTRA OPERATIVE FINDINGS:
- i) Bilateral lamina of C6 found fractured
  - ii) C6-C7 facet subluxated at left side
  - iii) C5-C6 facet subluxated on both side
  - iv) Lamina of C7 fractured on right side

CONDITION ON DISCHARGE: - proper decompression done.  
C6 fac joint stable  
hydrated  
atebule  
No bed sore